



Change starts when someone sees the next step. William Drayton

Career development

How you can develop your career?

Developing your career is not an easy task, we live in a rapidly changing world, and the only constant thing is change, to cope with this change you need to make a constant improvement. You need to start walking from one step to another, from the bottom to the top in order to reach your ultimate goal.

In the field of career development, there are researches and assessments made which indicate how people whether they are old or young are in need to have career counseling to make a substantial change for their lives

Career development is self-development, its knowing your self even better well enough to make true, and ever lasting behavioral change and viable plan to meet your change objectives, to do that you need to do the following

- Solid ,valid feedback about all of your strengths and weakness
- Multi-literal motivation to make the necessary changes
- Change partners for your development initiatives

Together, these three elements serve as the infrastructure for your action plan, which guides your achievement of measurable results.

To develop your career you also need steps that help you start your development where you are.

There are six steps that manage your career development process ,it will enable you to know where you will start from your walk ,some need to start from the bottom other are in the middle so please keep in mind to ensure where you are ,if you skip one step you won't proceed to next step.

The steps are:

- **Self-Assessment:** this is the foundation for the whole process and critical to professional success! You need to understand who you are and what your strengths and weaknesses are before you can make effective career decisions .The more you understand this information ,the better you will be able to write focused resumes and present your self favorably in interviews and get the job you really want .This section will help you to accomplish this.
- **Research :** in order to know how to connect your strengths and weakness to the world of work ,its important that you conduct extensive occupational research .this will help you to learn about opportunities that match the nature of your interests and talents
- **Decision Making :** it is important to be able to make healthy decisions about where you are going .this involves setting short-term and long term goals .it also involves actions plans

- Networks and Contacts: this refers to the process of networking and making contacts .the process includes all the activities such as resume writing, conducting and effective work search and presenting your qualifications in an interview.
- Work : Here you learn to negotiate work offers and create success in your new role
- Life/work planning: This sets the stage for re-evaluation .your needs and desires will change as you gain over the next few years .it is important to review your needs and the opportunities that are available on a regular basis throughout your life and career.